

MINUTES
DISTRICT V
AGING & NUTRITION SERVICES ADVISORY COUNCIL
OCTOBER 18, 2011
MINERSVILLE, UT

MEMBERS IN ATTENDANCE

Sharon Griffiths
Mary Schaidt
Millie VonRitchie
Carma Sly
Commissioner Clare Ramsay
Clem Griffin, Chair
Lael Chynoweth
Arlen Grimshaw
Hazel Jean Robinson
Wallace Gibson
Mary Stevens
Ila Mae Swapp
Tamara Atkinson
Gayle Rohde
Sharon Ott

REPRESENTING

Beaver County Advisory
Beaver County Advisory
Beaver County Advisory
Beaver County Advisory
Garfield County
Garfield County Advisory
Garfield County Advisory
Iron County Advisory
Iron County Advisory
Kane County Advisory
Kane County Advisory
Kane County Advisory
Washington County Advisory
Washington County Advisory
Washington County Advisory

MEMBERS NOT IN ATTENDANCE

Joyce Griffin (Excused)
Art Cooper
Judy Henrie
Pauline Prince
Doug Maxwell
Vern Kupfer
Roy Urie
Joyce Ross
Kaye Reese (Excused)

Garfield County Advisory
Garfield County Advisory
Garfield County Advisory
Garfield County Advisory
Iron County Advisory
Iron County Advisory
Iron County Advisory
Kane County Advisory
Washington County Advisory

OTHERS IN ATTENDANCE

Pam McMullin
Vie Marshall
Jeannine Bohn
Dixie Pearson
Jim Sly
Donna Chynoweth
Teena Pittman
Fayann Christensen
Connie Lloyd
Christine Holliday
Carrie Schonlaw
Carolyn Moss

Beaver County Coordinator
Beaver County
Beaver County
Beaver County
Beaver County
Garfield County Coordinator
Garfield County
Kane County Coordinator
Iron County Coordinator
Washington County Coordinator
Five County Association of Governments
Five County Association of Governments

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OCTOBER 18, 2011
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I. WELCOME AND INTRODUCTION

Mr. Clem Griffin, Chair, conducted the meeting and welcomed those in attendance at the Minersville Center.

II. MINUTES JULY 11, 2011

Mr. Clem Griffin, Chair, requested a motion to accept the minutes of July 11, 2011.

MOTION WAS MADE BY MR. WALLACE GIBSON TO ACCEPT THE MINUTES OF JULY 11, 2011. MOTION SECONDED BY MS. MARY SCHAIDT. MOTION CARRIED UNANIMOUSLY.

III. LOCAL SHARING

Mr. Clem Griffin, Chair, requested local sharing from County Coordinators.

Pam McMullin - Beaver County

Everything going well at the centers in Beaver County with activities as reported in the past. Communities travel between centers to participate in bingo games and the buses are continually traveling throughout the County. Numbers for Meals on Wheels recipients have declined due to ineligibility. Activities at the Beaver Center have included: County Fair - great success; Ongoing card games; Tai chi - about 16 attending; and participation in the URSTA Rodeo. The Minersville Center took a bus trip to Fillmore for the Festival of the Arts held at the old courthouse. There were about 25 food vendors and about 40 craft booths. "Bonko" is held weekly; participated in the Pumpkin festival, and the annual Bazaar to be held October 20, 2011. Weekly card games are held at the Milford Center. Program is doing well and Ms. McMullin thanked the cities for all their help with the centers.

Connie Lloyd - Iron County

Iron County Seniors have spent the summer “goofing around”. Nineteen seniors went to Tuachan and the Yankee Meadows picnic was well-attended. Construction in front of the Cedar Center made it necessary to close for three days. Activities held at both the Cedar and Parowan Centers include Fall socials; SUU Institute Choir performed “Songs of the Heart”, flu shots, and AARP driver’s refresher course on in-town driving skills. Two quilts have been completed and will be available by purchasing a raffle ticket.

Christine Holliday - Washington County

Enterprise Center

Activities at Center include selling emergency meals as a fundraiser, bi-weekly shopping trips to St. George, movie night to celebrate National Senior Center month, annual Corn Fest booth and fundraiser, and flu shots.

Hurricane Center

Senior activities at the Hurricane center included a bus trip to Cedar Mountain, zumba-style classes, flu shots, and classes on fall prevention. The purchase of a Wii has been approved for the center.

St. George Center

In celebration of National Senior Center Month, activities included “Eye care”, a 50's style luncheon with a fashion show from Coldwater Creek, and a presentation on wills and trusts. The application for the 501-IIIc grant is in its final stages. Other activities include flu shots, \$1.00 for each shot contributed to center; buses assisted with transportation for Swiss Days in Santa Clara and the St. George Marathon, “Breakfast for Your Brain” with about 20 participants; zumba classes 2 days a week; and indoor pickleball. Buses are continually in use providing transportation throughout the county.

Springdale Meal Site

Seniors from Springdale traveled to St. George to attend the “Little Mermaid” at Tuachan.

Fayann Christensen - Kane County

Everything is going well in Kane County.

Long Valley Center

Ongoing activities at the center include monthly low-vision screenings provided by the Red Rock Center; AARP safe driving training, trainings and screenings for blood pressure, blood sugar, gout and for fall prevention; weekly shopping trips to St. George and trips to the Martin Harris Pageant in Manti and to see the leaves. Remodeling of center is going forward with the installation of partitions to separate the Center from the Care and Share, and participated in the URSTA rodeo, one of their drivers placed 12nd in the competition. The center is planning for an art show in November or December.

Kanab Center

Seniors participated in several activities at the Kanab Center: the "Dam Trip"; trips to Page and the north rim of the Grand Canyon; picnic at Jacob's lake; and demonstration of Navajo rug making. Wii bowling leagues participate with other teams nationally, and the women's team finished 2nd - men's finished 8th. Other activities include flu shots, AARP driver's trainings, making decorations for Thanksgiving and Christmas, and bi-weekly shopping trips to St. George. A community resource team is helping with 211.

Donna Chynoweth - Garfield County

Seniors are using the buses in Garfield County; 2,200 miles were recorded including trips to the art show in Fillmore, field trip to Torrey and Capitol Reef and a shopping trip from Henrieville to Richfield. The trip planned to Bryce Canyon will be rescheduled due to snow. Health screenings are provided at the centers by local EMTs. Home-delivered meals count are down due to eligibility requirements, but more seniors are coming to centers. Local residents have provided fresh produce to centers during the summer. A Veteran's Day Concert by the Utah Symphony is scheduled at Escalante High School. Donna reported that they have found trays with mold on them; other centers reported other concerns with trays. Ms. Schonlaw will follow up with provider.

IV. BY-LAWS

- At-large representative requirement - It is required through the Older Americans Act to have an at-large representative as a participant of the Council. This representative will be rotated by county for a one-year term. Washington County was asked to be the first county for the representative. They will have their local advisory council nominate a representative and bring the nomination to this Council for ratification.
- Approval of Amendment to Section 4.01 - Mr. Clem Griffin, Chair, asked for a motion to amend the bylaws to read: "There shall also be two training sessions held each year to train Council members as to their duties during regularly quarterly meetings."

MOTION WAS MADE BY MS. GAYLE ROHDE TO ACCEPT THE AMENDMENT AS LISTED ABOVE. MR. WALLACE GIBSON SECONDED THE MOTION. MOTION CARRIED UNANIMOUSLY.

V. NUTRITION PROGRAM

Legislative Update - The State Legislature is beginning to meet regarding funding changes. The AAA appears to be held harmless for the upcoming year, with funding amounts, at this time, remaining the same as FY 2011. The U4A has made the following their priorities to be protected from budget cuts for the upcoming year - Meals on Wheels, Home-Based Community Alternatives & National Caregiver Programs, and Transportation. This request is based on current numbers and may change. FY 2012 Federal Budget is in Continuing Resolution - no change from FY 2011, as a budget has not yet been passed by Congress.

VI. OTHER BUSINESS

- Question was raised by Ms. Christine Holliday - Should a caregiver be able to pick up a meal from the center for an eligible carereceiver? It was determined that this was a topic discussed in the user guide based on state rule, and that specific procedures should be established by each center.
- Utah Legal Resource Guide Book Launch - Ms. Julianne Gunther has written a book, Navigating Your Rights: The Utah Legal Guide for Those 55 and Over, and will have the

book launch at the St. George Senior Center on Friday, October 28, 2011, at 10:00 a.m. Invitations were distributed and anyone wishing to attend, please contact Ms. Carolyn Moss at the Five County Office. Free books will be available for those that attend. A smaller resource guide is also available at the Five County office.

- Medicare Open Enrollment - the enrollment period for Medicare will be October 15 - December 7, 2011. There were some concerns about Humana and Blue Cross/Blue Shield not being available in Southern Utah.
- AARP - Ms. Sharon Ott is looking for stories on how cuts to Social Security and Medicare may affect seniors. Anyone wishing to tell their story can contact her and she will forward to State office.
- Next meeting will be held on Tuesday, January 24, 2012 at 10:00 a.m. at the Parowan Senior Center.

VII. ADJOURN

The meeting was adjourned at 11:30 a.m. Lunch was then served at the Minersville Center.